

Miscellaneous

Junior Membership

(ages 12 - 16)

Induction fee £15.00, plus £2.50 per visit

OR 6 months membership £60.00

Slimming Club

£7.00 Registration

£2.50 members Weigh In

£3.00 Non Members Weigh In



Personal Training (Per Hour)

Members £15.00

Non Members £18.50

Buy 10 sessions and get one FREE

Guest / Trial passes

£5.00 per visit

(redeemable against membership)

Sunshower

4 minute session

£2.20

6 minute session

£3.30

8 minute session

£4.40

10 minute session

£5.50

60 minute course

£28.00



Gym Opening Hours

Monday 8.30 a.m. - 8.30 p.m.

Tuesday 8.30 a.m. - 8.30 p.m.

Wednesday 8.30 a.m. - 8.30 p.m.

Thursday 8.30 a.m. - 8.30 p.m.

Friday 8.30 a.m. - 7.00 p.m.

Saturday 8.30 a.m. - 2.00 p.m.

Last admittance 45 mins before closing time.

Closed Sundays and Bank Holidays.



Introducing . . .



for a friendly & professional approach to fitness.

33 Craycombe Farm, Evesham Road,
Fladbury, Pershore, WR10 2QS

Tel 01386 860088

Gym & Fitness Training
Price List

www.heavenlybodiesgym.co.uk

Cash or cheques only. We do not accept credit/debit cards



Welcome to Heavenly Bodies ladies gym. Founded in 1997, HB is committed to providing ladies with a highly personal and professional service.

I have been involved in the fitness industry for over 20 years, mainly specialising in women's health & fitness. Exercise can benefit you whether you want to lose weight, tone up, have more energy or simply feel better about yourself.

As a new member you will receive a health & lifestyle consultation before you start exercising. You will be given a new programme every 12 weeks based on your specific goals.

There will be plenty of encouragement, including regular chats, texts and e-mails plus a written report so you are guaranteed to get the most from your membership.

Exercising at HB is fun & sociable. My friendly staff are always around to greet you with a smile and make your visit enjoyable.

I hope that you will come and try the HB experience soon.

Kaye Littlehales
(REPS advanced level instructor)
Gym Manager

Casual Gym Membership



Casual Membership includes unlimited use of the gym at the charge of £2.00 per visit, individual programme design and updates.



Off-Peak Membership

(Mon-Fri 10.00 a.m. - 4.00 p.m.
Sat 8.30 a.m. - 2.00 p.m.)

Induction fee £30.00
12 months membership £145.00
(or 4 consecutive monthly payments of £38.75)



Peak Membership

(During opening hours)

Induction fee £30.00
12 months membership £175.00
(or 4 consecutive monthly payments of £46.25)



If you're still unsure, or have periods of time when you are unable to exercise (school holidays, etc.) try casual membership. You can always upgrade at a later date.

Full Gym Membership



Full Membership includes unlimited use of the gym, individual programme design and updates.



Off-Peak Membership

(Mon-Fri 10.00 a.m. - 4.00 p.m.
Sat 8.30 a.m. - 2.00 p.m.)

Induction fee £30.00
12 months membership £245.00
(or 4 consecutive monthly payments of £63.75)



Peak Membership

(During opening hours)

Induction fee £30.00
12 months membership £275.00
(or 4 consecutive monthly payments of £71.25)



Make the commitment
to have a fit and
healthy year!

You can achieve your goals